



INDIGENOUS GARDEN

Rubus parvifolius
(Native Raspberry)

Indigenous use

The red fruits of the Native Raspberry made a delicious food. The berries contain high amounts of antioxidants, so it was not only a delectable but healthy treat for Aboriginal communities.

Description

Rubus parvifolius is a shrub up to 2 meters tall with arching branches armed with curved prickles. The leaves are pinnate with 3 to 5 toothed leaflets. Flowers are numerous, in clumps at the end of stems, and have red or pink petals. The red fruit is 1 cm wide.



Habitat

Rubus parvifolius is found mainly along the east coast in rainforest or coast heath communities