



INDIGENOUS GARDEN

Backhousia Myrtifolia (Cinnamon Myrtle)

Indigenous use

The Cinnamon Myrtle historically was used for its leaves which was then used for cooking and for medicinal purposes.

Description

Cinnamon Myrtle (aka. Carrol, Grey Myrtle, Ironwood, Neverbreak, Australian Lancewood) is a native hardwood that was popularised as a bushfood in the late 1980s. Its leaves give off a cinnamon fragrance when rubbed or crushed, much like the leaves of the curry plant and kaffir lime. This rainforest species is native to subtropical eastern Australia.



Habitat

Backhousia Myrtifolia grows in a subtropical, warm temperate climate. It enjoys full sun and a well drained soil